

GIGGLES

Have Some Fun While You Wait!

OCTOBER - NOVEMBER 2009

WORD FIND

I C O G N I V I G S K N A H T
 L L A B T O O F Q B V C O U A
 B T A U D I E N I A N T E A S
 M E M L N R E B O T C O G R S
 S O O L U R I S Q T B I N Y E
 E M T I B E L E M L U V A H V
 I I W O P B I E N E M R R N A
 S N I K P M U P E S P A K N E
 W A A T L E E A E R R M C E L
 E C C A J V E L W I E U I K Y
 A O P T E O G H O S T T N K O
 T R I A N N A A L T I S A A R
 E E A N A N A B L P A U T W C
 R O I T A V A R A G A I I H K
 S A O C O C T O H O C L L A T

Can you find these words related to **FALL?**

- Halloween
- Ghost
- Pumpkins
- Thanksgiving
- Turkey
- October
- November
- Hot Cocoa
- Sweaters
- Leaves
- Football

NATIONAL ORTHODONTIC HEALTH MONTH

October is National Orthodontic Health Month, started in 1995 by the American Association of Orthodontists (AAO) to benefit current and future orthodontic patients through public education. In honor of that celebration we would like to remind you of a few important facts about orthodontics to share with your friends and family:

- Orthodontists are highly trained specialists who partner with your dentist to provide you with the best oral health care.
 - Orthodontists complete an additional 2-3 years of orthodontic residency after dental school.
 - The AAO suggests children be evaluated for possible early treatment by age 7.
 - It is estimated that 1 of every 5 patients in orthodontic treatment is over the age of 18.
 - A study of mothers, conducted on behalf of the AAO finds that almost 80% of mothers who had braces as a child believe braces are one of the greatest investments their parents made for them.
 - These are not your mother's braces! Today's braces are more comfortable, can be nearly invisible and move teeth at a faster speed!
- Encourage your friends to visit our website (on page 2) or www.braces.org for more details on orthodontics.

BRAIN TEASERS!

We give you the correct answers on the back (no peaking).



1) A Rebus Puzzle is a picture representative of a name, word or phrase. Can you guess these?



VA DERS

M1llion

ABCDEFGHIJKLMN
OPQRSTUVWXYZ

- 1.
2. Blame
3. Blame

2) Can you Sudoku?

	5	8					7	
2			9			8	4	
		9	4		8			3
9					4	5	3	
4				1				7
	3	7	8					6
6			3		5	7		
	9	5			2			8
	1					2	5	

3) A girl who was just learning to drive went down a one-way street the wrong direction, but didn't break the law. Why?

4) Arrange the numbers 1 through 9 on a tic tac toe board such that the numbers in each row, column, and diagonal add up to 15.

5) Add up every number that contains an 8 between 1 and 50. What is the answer?

6) In September, you pick me when I'm good and ready. In October, you cut me intentionally to make me look worse. In November, you trash me like you never knew me. What am I?



SUGGESTION BOX: If you have a suggestion or comment to help us improve our services, please share it. We promise to review your ideas and try to implement them into our practice if at all possible!

Signature is OPTIONAL: _____

PLEASE KEEP US UP-TO-DATE:

Keeping your patient record information updated is important for many reasons. Please inform the front desk staff of any changes to your address, phone numbers, etc. We also need to know if there are any changes in allergies or medical information that we have on file. We can serve you better when we are better informed. Thank You!

**GOT TEETH?
Thank Your Hygienist**

October is also National Dental Hygiene Month (NDHM). Dental hygienists are preventive oral health professionals licensed in dental hygiene who provide educational, clinical and therapeutic services that support total health through the promotion of optimal oral health. WOW, and you just thought they cleaned your teeth! The American Dental Hygienists Association (ADHA) designated October to honor these professionals who are dedicated to "healthy smiles that last a lifetime". So the next time you see your Hygienist please tell them that you thought about them during NDHM and how much you appreciate the care they give you.

HAPPY THANKSGIVING!

As we all celebrate Thanksgiving with family and friends during November we want you to know just how thankful we are to have you as our patients. The fact that you have entrusted us with your family's orthodontic health means so much to us. We are blessed to have you as part of our patient family. Happy Thanksgiving!

A LITTLE TURKEY HUMOR

Question . . . "What is a turkey's favorite song?"

Answer . . . "I'm Dreaming of a White Christmas"



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**BRAIN TEASER
ANSWERS:**

- 1) Space Invaders
One in a Million
Missing You
No One to Blame

2) Sudoku Puzzle Answer:

3	4	8	2	5	6	1	7	9
2	7	6	9	3	1	8	4	5
1	5	9	4	7	8	6	2	3
9	8	1	7	6	4	5	3	2
4	6	2	5	1	3	9	8	7
5	3	7	8	2	9	4	1	6
6	2	4	3	8	5	7	9	1
7	9	5	1	4	2	3	6	8
8	1	3	6	9	7	2	5	4

- 3) She was walking – silly!
- 4)

4	3	8
9	5	1
2	7	6

- 5) 140
- 6) Pumpkin